



PMOAA BEACON

Home of the Blue Angels - Pensacola, FL

4 Star Chapter Award – 2002

5 Star Chapter – 2003-2019

<http://www.pmoaa.org>

October 2021



PRESIDENT'S CORNER

It's Fall, it's cooler, the holidays are coming, we'll put on weight, we'll spend more money, we'll pay higher prices – it's all exciting isn't it? I'll give you something to get excited about. Your Chapter will soon be presenting a slate of new Officers and Directors that you will be voting for at the November Business Meeting. With the exception of President, I think this will be one of the strongest assemblage of Board members our Chapter has had in years. While this is my own personal feeling, I hope and believe you will recognize that as well, again with the one exception. These PMOAA Boards are yours, ours, and everyone's in this Chapter. I'll tell you that being on the Board is a privilege and serving this Chapter and its members is an honor. I have served on this Chapter's BOD for over six years and it is not just an honor, for me it is truly a humbling experience. Our Chapter is not as large as we'd perhaps like it to be, but every time I stand at the podium, I look around the room and am wowed by what's in front of me and I thank

you for providing me with that privilege.

This last year was tough for us all. We were faced with trying to keep our Chapter consistently strong and meaningful, if by just simply trying to have monthly dinners and good presentations. It took strength and fortitude for many to get

out and come to Pensacola Yacht Club for a better than decent meal and some wonderful camaraderie. This coming year will be better than ever. We need all of you to make this happen. We've been pushing fifty (50) attendees at each of our dinners. Someone recently asked where Estelle and I liked to go out for a meal and I honestly told them PYC, with very few exceptions, notwithstanding my membership dues. We can park the car without a hassle, walk in for a good meal (including burgers) and know what we're getting, who's cooking it and get to see some friends; sort of like going to a PMOAA meeting. So, we're looking forward to seeing you ALL at our monthly dinners. It's going to be exciting. Speaking of which, our guest speaker for the October dinner meeting is Keith Raisch, Chief Warrant Officer, USCG (Ret). Keith is noted to have more sea duty than any Coast Guardsmen in the history of the service, which also included several years aboard the USCG tall ship "Eagle". We've had some wonderful speakers and I think this one will be quite enjoyable as well as memorable.

Warmest always,

Dean Kirschner

Cell (850) 554-2177

Hm. (850) 458-7988

EstDean@cox.net

P.S. I've had a long time association with this Chapter and have to say that Dean has done an amazing job of keeping this Chapter on course and held together throughout the COVID shutdown. Many thanks to his leadership, determination and down-right tenaciousness through these hard times.

*Jean Booton
Beacon Editor*



*Ross Pristera, Senior Director
of UWF Historic Trust -
September Guest Speaker*



LEGISLATIVE AFFAIRS

Fall has arrived!! Simultaneously with the arrival of Fall on September 22nd, came the first cold front to make it to NW Florida since Spring. The cool, fresh, low-humidity breeze was a welcome relief for many of us who love the fact we do have seasons in this area. Enjoy the change, get outside and take in the sights of our beautiful Gulf Coast waters, beaches and parks.

Also, with the arrival of Fall comes the end of the legislative calendar in Washington, DC. This month’s first article is a bit “detailed” but provides important information about upcoming policy changes that will affect all of us in some way. Another article discusses the apparent demise of plans to merge the Commissary and Military Exchange systems.

Finally, a great milestone in Naval Aviation history occurred on August 19th, the assumption of command of a nuclear aircraft carrier by Captain Amy Bauernschmidt, USN, the first woman to do so. She has an extensive operational background in light helicopters (HSL) aboard cruisers/destroyers followed by department head and command tours in MH-60 helicopter squadrons aboard multiple aircraft carriers. She served as XO of USS Abraham Lincoln (CVN-72) and commanded USS San Diego (LPD-22) prior to assuming command of Lincoln. She graduated from the Naval Academy in 1994, the first class to graduate following the repeal of restrictions to women serving in combat roles. Congratulations to Captain Bauernschmidt. May you and your ship be blessed with “Fair Winds and Following Seas.”

As always, my recommendation is that you subscribe to the MOAA Newsletter which is sent out four times per month via email. You can sign up for the newsletter at www.moaa.org. Please let me know how you think I can make this column better for you by sending an email to me at kpyle1968@gmail.com.

Your voice needs to be heard by our Florida Congressional Delegation. Please consider using some or all of the many excellent resources and avenues available to express yourself through MOAA. The Pensacola Chapter of MOAA is a member of the [Florida Council of Chapters, MOAA](#) and an affiliate of the [Military Officers Association of America \(MOAA\)](#) who together are the nation’s largest and most influential association of military officers. We are an independent, nonprofit,

politically nonpartisan organization. MOAA has several critical legislative issues they are championing. Become an advocate and Take Action NOW! at <http://takeaction.moaa.org/>

In this issue:

- NDAA Update: Pay Raises, TRICARE Changes, and other Priorities
- Plans to Merge Commissary and Exchange Systems Halted
- Navy Captain Makes History as First Woman to Command an Aircraft Carrier

NDAA Update: Pay Raises, TRICARE Changes, and other Priorities

(Adapted from an article by the MOAA Government Relations Staff, MOAA Newsletter, September 9, 2021)

(The House passed the \$740 billion NDAA on September 23rd adding approximately \$25 billion to the President’s original request. The Senate has yet to pass its version of the bill. Once that happens, a Conference Committee of House and Senate members will meet to iron out the differences before each chamber can vote on passage of the final bill. Both the Senate and House versions have the \$740 billion top-line number. KP)

The latest step in the FY 2022 National Defense Authorization Act (NDAA) process offers a clearer picture of what MOAA priorities will make the bill’s final version, what fights will continue in upcoming sessions, and where MOAA needs your help in pressing legislators to include much-needed reforms.

The House Armed Services Committee (HASC) finished marking up its version of the NDAA in the early hours Sept. 2 – a 14-hour session with a record-high 780 amendments introduced that resulted in a 57-2 committee approval. While the Senate Armed Services Committee (SASC) completed its markup of the NDAA earlier this summer, bill text from both committees is not publicly available, and limited changes could come via floor amendments and the conference process before the bill is finalized.

What’s In

Pay Raise: Both the House and Senate versions include a 2.7% military pay raise. While MOAA is happy to report this raise remains tied to the Employment Cost Index (ECI), it fails to address when pay raises fell below ECI in 2014-2016, resulting in a pay gap of 2.6%.

Basic Needs Allowance (BNA): This [Advocacy in Action](#) topic has overcome several obstacles thanks to MOAA member engagement. Pending any surprise outcomes from the NDAA conference, BNA will be included in the final NDAA. This provision supports young military families with multiple dependents who have struggled with food insecurity - many relying on food banks on or near installations. Members of the HASC and SASC have included language from the [Military Hunger Prevention Act](#) in both versions of the NDAA.

Reserve Component Pay Parity: There are provisions in the House and Senate versions providing parity for National Guardsmen and Reservists for aviation and hazardous duty incentive pays. The move comes as 2020 marked the largest mobilization of the reserve component since World War II; it shows great progress on improving benefits for the stretched force, though Congress still must address further reform of the component's [complicated duty status](#).

Medical Billet Reductions: The House version of the NDAA contains a provision extending the halt of proposed medical billet reductions for a year after the bill's passage. Maintaining quality medical care is more important than ever. Recent medical personnel deployments to local hospitals, the uncertainty around COVID-19 variants, and the plan to cut children's hospital outpatient service reimbursements (a threat to network participation/access to civilian care) are all areas of concern for MOAA.

Arlington National Cemetery: The House bill includes ANC language that voiced concern over those who could be forced to a different cemetery and required DoD and the VA to submit "a joint report on the location of the next national cemetery." The amendment, approved with unanimous consent, comes amid concerns over proposed eligibility changes. This impactful report language signals intent from Congress to DoD to continue the benefit of full military honors like those provided at Arlington. MOAA has reached out to staff at ANC and the draft eligibility changes are still on track to be published (as directed in the 2019 NDAA) in the late fall of 2021. Stronger language is still required for congress to intervene. MOAA continues to advocate for language that would require DoD and the VA to maintain current eligibility standards at ANC until the next location is operational.

The NDAA language was submitted by Rep. Lisa McClain (R-Mich.) and supported by work from Reps. Anthony Brown (D-Md.) and Marc Veasey (D-Texas) as well as members of the [For Country Caucus](#). MOAA members have made a significant impact on Congress through letters and calls to their representatives and senators; it

remains important to ask your senators to include the ANC language in the final NDAA.

Parental Leave and Child Care: The HASC included language to expand parental leave to 12 weeks for qualified servicemembers, including the long-term placement of a foster child. MOAA and The Military Coalition submitted a [letter](#) to HASC and SASC leadership supporting legislation like this to bring parental leave rights of servicemembers in line with those of the federal sector and many civilian employers.

Impact Aid: The House bill would authorize \$50 million to support local educational agencies with military dependent students and an additional \$20 million to support military children with severe disabilities.

Military Justice Reform: The House and Senate will update the Uniformed Code of Military Justice this year and address disturbing trends in rates of sexual harassment and assault, and notable personnel and capacity shortfalls in the investigatory and legal functions identified by DoD's independent review committee. Provisions adding sexual harassment as a punishable offense, creating specialized military prosecutors, and placing decision authority to refer a case to courts-martial with a military prosecutor are likely for inclusion into the final version of the NDAA. There are also provisions that would authorize commanders to provide victims with results such as general officer letters of reprimand, relief for cause evaluations and separation actions that result from an incident of harassment or assault.

The Senate and House differ on military justice reform, with the Senate proposing a wider role for special military prosecutors. MOAA will continue to follow this reform closely through the conference process.

Survivor Benefit Plan (SBP) Open Season: An amendment submitted by Rep. Michael Waltz (R-Fla.) would authorize an SBP Open Season for VA-rated service-disabled retirees who withdrew prior to the "widows' tax" repeal in 2020, allowing them to catch up on any missed premiums. The open enrollment period, as defined in the adopted amendment, would begin the day the NDAA took effect and end Jan. 1, 2023.

Selective Service Enrollment for Women: The National Commission on Military, National, and Public Service recommended to Congress last year that women should register for selective service. This year, that provision is likely to be included in the final NDAA. With only 20% of 18-to-21-year-olds in the U.S. able to meet the physical and psychological standards for service, it is difficult to ignore half of the population in the event of a

national emergency. MOAA remains committed to protecting the all-volunteer force and not returning to the draft.

What's Out, for Now

Concurrent Receipt: The Major Richard Star Act, a piece of [concurrent receipt legislation](#) supported by more than half the Senate and nearly 120 House members, is a pending NDAA floor amendment. The Star Act amendment is timely, as the news is replete with tragedies in Afghanistan, leaving many veterans thinking of sacrifices and those we lost. Servicemembers forced to retire because they were injured in combat – like Maj. Richard Star, USAR, who [passed away earlier this year](#) – had their retirement pay reduced for every dollar of VA disability compensation they were awarded.

Sen. Jon Tester (D-Mont.) and Rep. Gus Bilirakis (R-Fla.) are expected to propose the Star Act as an amendment; contact your lawmakers and ask them to support this effort:

TRICARE Young Adult: [Legislation that would expand TRICARE eligibility to young adult dependents](#) up to age 26 (military kids lose TRICARE coverage at age 21 or 23 if a full-time college student.) to bring TRICARE in line with commercial plans, another of MOAA's Advocacy in Action topics, did not make it into the SASC or HASC bills. Military kids face extraordinary challenges throughout their childhoods – as they transition to adulthood, we must ensure they have the same health care protections as their civilian peers.

What's Next?

The coming weeks and months will be critical as key legislators work to pass this pivotal piece of legislation. Floor amendments and a conference to resolve differences between the House and Senate versions of the NDAA are the next steps for this bill in the legislative process.

MOAA will continue to engage with Congress as the NDAA moves forward and will provide our members with important updates via [The MOAA Newsletter](#) and [MOAA.org](#).

Plans to Merge Commissary and Exchange Systems Halted

(Adapted from an article by Jen Goodale in the MOAA Newsletter, September 23, 2021)

Although not completely off the table, it appears plans to consolidate the commissary and exchange systems are far costlier than originally expected, according to a new report – one echoing concern raised by MOAA and other

military and veterans' groups since early in the merger discussions.

The Aug. 23 report identifies miscalculations from the previous feasibility study and states the plan actually would cost an additional \$1.5 billion. In its conclusion, its authors say DoD now views the initial 2018 case study as “not feasible, and [no longer supports consolidation](#).”

MOAA, along with several other military and veteran service organizations, expressed concern with the [commissary-exchange merger](#) since it was introduced in 2018. After the case study mentioned above concluded strong support for consolidating the defense resale system, the FY 2020 National Defense Authorization Act (NDAA) included a provision for the Government Accountability Office (GAO) to [review DoD's analysis](#), and the FY 2021 NDAA included requirements for [further, expansive reporting](#).

“MOAA and our many partners have known for years that merging the exchanges and commissaries would reduce the benefits to military families and the quality of service,” said MOAA President and CEO Lt. Gen. Dana T. Atkins, USAF (Ret). “The previous business case analysis was flawed and documented in a GAO report in April 2020. MOAA remains committed to protecting the commissary and exchange benefit and is encouraged DoD has changed course. We look forward to partnering with the exchanges and commissaries to support outreach on the importance of this benefit to the uniformed community.”

The GAO report and the updated business case analysis revealed three areas that were either miscalculated or not even considered:

- The 2018 analysis overstated savings of the cost of goods sold because the amount of overlap between products sold by the Defense Commissary Agency and those sold by the exchanges amounts to less than one-third of the total cost of goods sold.
- Original estimates for the development of new, common IT systems to operate the consolidated system only included approximately half of the actual costs.
- Initial reports failed to account for the costs associated with establishing a new headquarters location.

In 2019, MOAA and 27 other members of The Military Coalition -- a group of organizations collectively representing nearly 5.5 million members of the military community -- [sent a letter](#) to the House and Senate armed service committees to express concern regarding moving too quickly on a commissary-exchange merger, the

accuracy of the predicted costs, and the impact on military families if the merger proceeded without further review. We are pleased with the follow-on report and feasibility study which have steered DoD officials in a different direction.

Navy Captain Makes History as First Woman to Command an Aircraft Carrier

(Adapted from an article by Kevin Lilley in MOAA Newsletter, August 26, 2021)

Capt. Amy Bauernschmidt, USN, became the first woman to take command of a nuclear-powered aircraft carrier Aug. 19 at a change-of-command ceremony for USS *Abraham Lincoln* (CVN-72) in San Diego.

Bauernschmidt, who was [tapped for a 2022 carrier command in December](#) along with five fellow officers, served as the carrier's executive officer from 2016-2019, the first woman to serve in that capacity aboard a nuclear-powered flattop. She recently commanded USS *San Diego* (LPD-22), an amphibious transport dock.

“There is no more humbling sense of responsibility than to know you are entrusted with the care of the people who have chosen to protect our nation,” Bauernschmidt said at the Aug. 19 ceremony, according to a Navy press release. She also thanked outgoing commanding officer Capt. Walt “Sarge” Slaughter for turning over “the finest ship in the fleet.”

Bauernschmidt graduated from the U.S. Naval Academy in Annapolis, Md., in 1994 and was designated as a naval aviator in 1996, according to [her Navy bio](#). She has racked up more than 3,000 flight hours in naval aircraft.

The San Diego-based carrier is set to deploy in the coming months, according to the San Diego Union-Tribune. The ship returned in January 2020 from a [295-day deployment](#).

**Compiled and Edited by
Captain Ken Pyle, USN (Ret)**



Patti & Col Thomas Christensen
Capt Raymond Maloy & Sherry



RADM Carmen Ciardello
CAPT James Frazier
Dr. Michele Nash
Iva Prosser

OCTOBER MEMBER DINNER MEETING

Thursday, October 21, 2021

Social hour: 1730 – 1830

Dinner: 1830

Pensacola Yacht Club
[1897 West Cypress Street](#)
Pensacola, FL 32502
Cost is \$31 per person

Menu

(1) Grilled New York Steak

OR

(2) Grilled Salmon

Both served with:

Garlic Mashed Potatoes
Grilled Asparagus

Mixed Green Salad served with choice of Buttermilk Herb
and Balsamic Vinaigrette Dressing

Warm Dinner Rolls served with Whipped Butter

Dessert: Chef’s Choice

Coffee, Iced Tea and Water

Cash bar available

Guest Speaker:

Chief Warrant Officer Keith Raisch, USCG (Ret)
Keith is noted to have more sea duty than any other
Coast Guardsmen in the history of the service, which
also included several years aboard the USCG tall ship
“Eagle”

Please R.S.V.P. by Sunday, 17 October 2021 to

LCDR Ray Judd, USN (Ret)

Email: thejuddsfl@cox.net or

Phone: 850-456-8104 or

<http://pmoaa.org/Calendar.aspx?ID=44>

No Exceptions. Meals are ordered based on accepted
reservations. Phone/email/web reservations are
considered committed and are payable at the door.

Checks preferred, no cash, please.

**Web Reservations – Be sure you receive an email
confirmation, otherwise your reservation was not
recorded.**

Deadline for RSVP is: 10/17/2021

PMOAA BOARD OF DIRECTOR’S MEETING

23 September 2021

The monthly PMOAA Board of Director’s meeting was held at the Pensacola Yacht Club on Thursday, 23 September 2021 and convened at 1605 with the following in attendance: CPT Kirschner, LCDR Judd, RADM Engel, LCDR Brown, MAJ Werner, COL Sawyer, LtCol Kinego, Iva Prosser, Surviving Spouse Chair, Liz Richbourg, Scholarship Chair and Immediate Past President CPT Clark. Absent or excused: LCDR Mills, LtCol Nelson, and LT Martin.

Treasurer Report – LCDR Brown reported the following based on the NFCU statement of 7/12/21 - 8/23/2021. Current balance in the checking account is \$2,787.26. Balance in the savings account (scholarship) is \$6,428.71 which is a good way to start out the new scholarship year. In November a \$500 donation will be made to the USO. A motion was made by LCDR Judd, seconded by LtCol Kinego, to approve the treasurer report. Motion carried.

August BOD minutes - no report.

September membership meeting - LCDR Judd reported 46 people attended. The guest speaker was well received. He encouraged everyone to check out the PMOAA Facebook page as photos of the scholarship banquet and the September meetings have been posted.

Nominating Committee Report – the proposed slate of officers and board members is as follows:

- Officers
- President – CPT Dean Kirschner USA (Former) **
 - 1VP – LCDR Ray Judd USN (Ret) **
 - 2VP – MAJ Molly Werner USA (Ret)
 - Secretary – RADM Joan Engel USN (Ret)
 - Treasurer – LtCol Robert Nelson USAF (Ret)

- Board of Directors:
- LtCol Joseph Kinego USAF (Ret) **
 - COL Walter Sawyer USA (Ret) **
 - CAPT Ken Pyle USN (Ret)
 - LCDR Trumin Brown USN (Ret)
 - Col Gilbert (Gib) Ahl USAF (Ret)

** indicates a one year position from 2022-2023. All others will serve a two year term from 2022-2024.

Website Management – LtCol Nelson, LCDR Brown and Jean Booton will get together to discuss. LCDR Brown and LtCol Nelson will meet on 29 September to discuss filing for a 501C 3 status for the Chapter.

PMOAA Proposed Bylaws - RADM Engel presented a revised Preamble to the PMOAA Bylaws based on board input. A motion was made by LCDR Judd, seconded by LtCol Kinego, to accept the revised Preamble. Motion carried. Board members had the opportunity to review the proposed changes to the Chapter Bylaws before the meeting. A motion was made by LCDR Judd, seconded by MAJ Werner, to accept proposed changes to the Bylaws. Motion carried.

October membership meeting – meeting will be held on Thursday, 21 October at the Pensacola Yacht Club. The guest speaker is CWO Keith Raisch, U.S. Coast Guard (Ret). It’s been a long time since we’ve had a Coast Guard speaker. CWO Raisch has apparently spent more time on the water than any other Coastguardsman. Look forward to hearing his presentation. See you there.

Open Forum

CPT Kirschner and LCDR Judd have been covering the Survivor Assistance Committee for the past few months. A permanent Chair, as well as members, is needed for this important committee. If anyone is interested, please contact LCDR Judd.

LCDR Judd encouraged everyone to submit names to him of potential speakers. Good speakers are an important part of the membership meetings. If you know of anyone, please contact LCDR Judd.

BEACON – deadline is Friday, 24 September 2021. The meeting adjourned at 1700. Date and time for next board meeting will be announced later.

Respectfully submitted,
Joan M. Engel, Acting Secretary



ACTION ITEMS FOR NOVEMBER ANNUAL BUSINESS MEETING

These notices are being posted for all members to review prior to the November 18, 2021 annual business meeting.

Proposed Slate of Officers and Terms of Office

President – CPT Dean Kirschner USA (Former) - (2022-2023)

First Vice President – LCDR Ray Judd, USN (Ret) – (2022-2023)

Second Vice President – MAJ Molly Werner, USA (Ret) – (2022-2024)

Secretary – RADM Joan Engel, USN (Ret) – (2022-2024)

Treasurer - LtCol Robert Nelson USAF (Ret) – (2022-2024)

Board of Directors and Terms of Office

Col Joseph Kinego USAF (Ret) – (2022-2023)

COL Walter Sawyer USA (Ret) – (2022-2023)

Captain Ken Pyle, USN (Ret) – (2022-2024)

Col Gilbert (Gib) Ahl USAF (Ret) – (2022-2024)

LCDR Trumin Brown USN (Ret) – (2022-2024)

MAJOR CHANGES TO PMOAA BYLAWS

ARTICLE I. Section A.1. MEMBERSHIP CLASSES

Changed from three to four classes by adding the U.S. Space Force

Rational – the U.S. Space Force is now a member of the uniformed services.

ARTICLE I. Section A.3

Added Honorary Life Members Category

Rational – extenuating circumstance may prohibit dues payment for those who have been members for twenty plus years. Committee to decide.

ARTICLE IV. OFFICERS AND BOARD OF DIRECTORS Section C. 2 and 3

Added specific duties and responsibilities to first and second Vice President

Rationale – to clarify responsibilities

ARTICLE V. APPOINTIVE OFFICERS AND COMMITTEES SECTION A. APPOINTIVE OFFICERS

Added duties of Chapter Chaplain

Rationale – no duties were previously assigned

ARTICLE V. APPOINTIVE OFFICERS AND COMMITTEES SECTION B. COMMITTEE CHAIRMANSHIPS

Changed title of Section B to Standing Committees

Rationale – place all standing committees in one section of the Bylaws

ARTICLE V. Section B.d –

Added Nominating Committee as a standing committee

Rationale – change the functioning of the nominating committee from regular members to three board members (one of which will serve as chair) to serve as a year round committee to identify officers and board members for succeeding vacancies. A surviving spouse will remain a member of the nominating committee.

ARTICLE V. APPOINTIVE OFFICERS AND COMMITTEES SECTION C. SPECIAL AND AD HOC COMMITTEES

Moved the old number 1 to a Standing Committee

Added to Section C.2 – a committee to manage the Anna Johnson Fund

Rationale – needed to establish a point of contact to monitor this fund and report quarterly to the board.

Some minor changes were made throughout the Bylaws to facilitate ease of reading and maintain continuity.

Voting on the proposed slate of officers and board members along with the revised Bylaws will take place at the November 18, 2021 annual business meeting. Offices are open for nominations for any position. Nominations can be made from the floor but only if you have obtained consent from the member being nominated. Only regular members are permitted to vote.

Joan M. Engel

TAPS

MAJ Nelson E. Luce, USA (Ret.) – 27 August
CAPT Willard D. Barron, USN (Ret.) – 2 September
Mrs. Tracey Krieger – 29 September

2022 PMOAA MEMBERSHIP RENEWAL FORM

(Please Print)

Today’s Date: _____

FULL NAME: (Last) _____ (First) _____ (Middle) _____

RANK/SERVICE: _____

Circle:

Active Duty Retired Reserve Guard Former Surviving Spouse

SPOUSE/SIGNIFICANT OTHER: _____

ADDRESS: _____

PHONE NUMBER: (Home) _____ (Cell) _____

EMAIL ADDRESS: (For Official Chapter Communications/Use) _____

Member of National MOAA: **Y / N**

My MOAA Number is: _____

Life member: **Y / N**

Please check all PMOAA activities in which you, or your spouse, can assist:

- | | |
|--|--|
| <input type="checkbox"/> Chapter Officer | <input type="checkbox"/> Website Administrator |
| <input type="checkbox"/> Chapter Director | <input type="checkbox"/> Membership Recruiting |
| <input type="checkbox"/> Survivor Assistance Committee | <input type="checkbox"/> Beacon Editor |
| <input type="checkbox"/> Accounting/Finance | <input type="checkbox"/> Public Relations/ Advertising |
| <input type="checkbox"/> ROTC/JROTC Liaison | <input type="checkbox"/> Program/Event Coordinator |
| <input type="checkbox"/> Scholarship Committee | <input type="checkbox"/> Photographer |
| <input type="checkbox"/> Legislative Affairs | |

_____ Membership Dues:
 \$20.00/year (E-**Beacon**)
 \$32.00/year (Mailed **Beacon**)

_____ Surviving Spouse (Auxiliary) Dues:
 \$20.00/year (E-**Beacon**)
 \$32.00/year (Mailed **Beacon**)

_____ Social Member (only for grandfathered members):
 \$12.00 to receive Mailed **Beacon**

_____ **TOTAL ENCLOSED**

Make check payable to **PMOAA** and mail to:

Membership, PMOAA
P.O. Box 17728
Pensacola, FL 32501-7728

Surviving Spouse Corner: Resources for Caregivers

By: Barbara Ann Bowman

AUGUST 27, 2021

Each caregiving journey is unique. My role of caregiver for my husband expanded from not only getting him to medical care but also making legal decisions in his stead. Common issues that affect most caregivers include navigating VA procedures, obtaining help with specific disabilities and diseases, learning how to deal with dementia, organizing paperwork, and knowing what legal documents are needed with regard to consent issues, legal capacity, and decision making.

During my journey as a caregiver, I found the following resources to be beneficial:

- **MOAA and VA.** Talk with members of your local chapter, join the Surviving Spouse Virtual Chapter whose outreach includes current spouses (mssvc02@gmail.com), and take a look at pertinent [MOAA publications](#). Veterans service organizations will help with disability claims, requests for respite care, and pay for long term care, as well as other benefits. The VA and MOAA have planning brochures and guidebooks to help you collect and organize necessary paperwork.
- **Health agencies.** Search for caregiver resources on the [National Institutes of Health](#) and [Department of Health and Human Services](#) websites to find helpful information.
- **Disease-specific associations.** Contact organizations like the [Alzheimer’s Association](#), the [ALS Association](#), and the [American Heart Association](#). These groups have educational information and support groups available to caregivers.
- **Military family support groups.** [TAPS](#), [Gold Star Wives of America](#), and [American Gold Star Mothers](#), and others provide a wide variety of support services to military families and friends.
- **Respite care.** Organizations such as the [Elizabeth Dole Foundation’s Hidden Heroes](#) and the [Yellow Ribbon Fund](#) provide resources and support specifically tailored to military caregivers.

ROWWA

[RELATED: [How Military. Veteran Caregivers Can Apply for Well-Earned Respite Relief](#)]

Finally, and perhaps most importantly, caregivers need to take care of themselves. Eat healthful foods, stay active, ask for help, and pamper yourself. Like the pre-flight instruction says, “Put your face mask on first.” If you don’t take care of yourself, you won’t be able to take care of your loved one.

[Read past Surviving Spouse Corners.](#)



CPT William Clark and Donna



Judith and LtCol Robert Nelson



COL Walter Sawyer
Col Joseph Kinego



Jenny Shannon



Kathy Gustavson - New Member



RADM Carmen Ciardello
Col Gilbert Ahl

Greetings Ladies,

Welcome again to our 50th Anniversary Year! We reunited in September and enjoyed a delightful luncheon at Bonefish Grill, arranged by our own lovely luncheon Chair Fran McCarthy. As always, Fran has again planned great monthly luncheon venues for our group.

The 50th Anniversary Directory and Information Flyer was distributed. Those not in attendance will be receiving it in the mail.

We look forward to you joining us for our Membership Luncheon at Carrabas Italian Grill, 311 North 9th Avenue, Pensacola 32502 at our usual time: 1100 on 14 October 2021. Luncheon fee is \$20. Please RSVP to Brynne Cook at 805-766-4028 by 12 October 2021.

ROWWA Eligibility for Membership: Retired wives and widows of military officers and retired women officers. Guests are welcome.

Dues are now \$20, due now, and can be paid at the door or mailed to:

Brynne Cook
510 Admiral Doyle Rd
Pensacola, FL 32506

Membership information and directory updates:

Molly Werner
Home: 850-474-1291
Cell: 850-292-9756
Email: mc4werner@aol.com



MAJ Molly Werner

**Very Respectfully submitted,
for ROWWA Publicity
Chairman Ruth Nichols
by Molly Werner,
Membership Chairman,
ROWWA**



Pensacola Chapter, MOAA
P.O. Box 17728
Pensacola, Florida 32501-7728

President

CPT Dean Kirschner USA (Former) (2020-2022)
850-458-7988 EstDean@cox.net

1st Vice President

LCDR Ray Judd USN (Ret) (2020-2022)
850-456-8104 thejuddsfl@cox.net

2nd Vice President

LCDR John Mills USN (Ret) (2020-2022)
901-237-6561 John.Mills16@gmail.com

Secretary

LT Ken Martin USN (Former) (2020-2022)
850-764-5485 PMOASecretary@Zohomail.com

Treasurer

LCDR Trumin Brown, USN (Ret) (2020-2021)
850-932-0370 Trumin.Brown@att.net

Immediate Past President

CPT William D Clark USA (Ret)
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